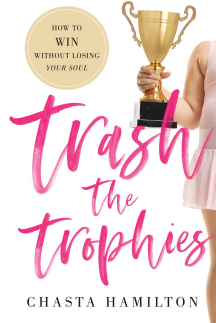


# TRASH THE TROPHIES



## Facilitator Guide for Teen Discussion Groups

- (1) The Teen Discussion Guide is recommended for ages 12+
- (2) The book is available for purchase via [Amazon](#) or [Barnes & Noble](#) and can be purchased in e-format, paperback, or hardback.
- (3) We recommend breaking the conversation down into the following segments over a one month period:
  - (a) Prologue- Chapter 2: Week 1
  - (b) Chapter 3-Chapter 5: Week 2
  - (c) Chapter 6- Chapter 8: Week 3
  - (d) Chapter 9- Epilogue: Week 4
- (4) Prompt the questions, but let students take the lead on the conversation.
- (5) Supplemental ways to continue the concepts of the book s in your programming:
  - (a) Set-Up a Zoom Q+A with the author
  - (b) Have the students create art of inspiring quotes (from the book or elsewhere) and use them to decorate your space
  - (c) Service Project Pitches: practice presentation skills as students innovate and pitch service projects for your group to host
  - (d) Brainstorm creative ways to initiate meaningful change within your organization. How can you “Trash The Trophies”?