

# Handle The Horrible



## A Discussion Guide on Adaptability in Conflict, Curiosity, and Change

### ***CURIOSITY & TRYING***

How did you discover and find your pathway towards your passion?

In extracurricular and educational leadership, how do we balance excellence in training with the humanistic component of childhood development?

How do you balance encouraging commitment while also seeking curiosity and exploration of new things?

Do you remain curious and committed in your quest for personal and professional development?

When you are at a standstill, how do you continue to encourage yourself to grow?  
How do you encourage your participants to do the same?

### ***CONFLICT***

Pre-pandemic, what type of conflicts has your extracurricular activity experienced? How did you overcome them?

How did those conflicts shift during the pandemic? How did you address them?

When it comes to conflict, do you fear it or face it?

Think of a time you had to have a difficult conversation or make a difficult choice.  
What was your process? How did you feel afterwards?

Does your community hold space to have healthy conflict/discussion?  
How do you foster this space?

If a conflict is not able to be resolved at the current moment, how do you move forward?  
When do you return to the conversation?

## *PREPAREDNESS VS. UNCERTAINTY*

With each new team, game, production, class, season, the group dynamic shifts. How have you adjusted your educational and leadership style to be more flexible and accommodating?

How do you use your extracurricular and/or educational approach to focus on life skills, such as adaptability, resilience, goal setting, teamwork, etc.?

Do you think students differ from those before the pandemic?  
What changes have you noticed, and how have you handled them in your classroom?

## *SUCCESS & FAILURE*

What does "success" and "failure" look like in your extracurricular activity?

How are you intentional about teaching these lessons to your extracurricular participants?

Are you intentional about debriefing obstacles?  
Are your students able to identify the opportunity found within challenges?

How do you include social-emotional learning in your activities?

If your participants are discontent with their outcome, how do you help them through this moment?

## *ONE'S SELF*

How do you handle disappointments as it relates to your involvement in educational leadership?

Share a way your extracurricular has evolved.

What is a lesson you found within your extracurricular that you've been able to apply to all aspects of your life?

What tools do you use to check for understanding as you are leading/teaching?

How have you grown with the development of your program?